

Market Report 13th June '19 – 27th June '19

Greetings Sheringhams fans and welcome to our latest veg heavy Market Report. With summer (and hopefully some good weather) just around the corner we are starting to see some delicious UK produce come into season. As ever, you can find all the latest news and information on our website. Visit us at: www.sheringhams.com



Mixed Heritage Tomatoes



UK Strawberries and Cream



Loose Corn on the Cob

Vegetables

Unfortunately the supply of both **Onions and Potatoes** is still struggling to keep up with demand. This has pushed prices up while quality has suffered. Onion varieties affected are Spanish, Button and both Round and Banana Shallots.

UK Spring Onions on the other hand are in full swing as are Spanish and Israeli **Carrots** which we have moved to following quality issues with our UK grown stock. Our **Chantenay Carrots** are also now Spanish and quality has noticeably improved but please be aware that they are a little bigger than the UK variety.

The season for Spanish **Broccoli** has now finished and UK supply remains limited resulting in increased prices.

English **Parsnips** have come to an end and we have moved to a Spanish new crop. The same can be said for **Beetroot**.

Piccolo Parsnips are unavailable for the time being as is **Wild Garlic, Yukon Gold Potatoes** and **Monks Beard**.

The first of this season's **UK Savoy Cabbage** is here and looking good.

Spanish and Italian **Asparagus** has now finished and with the UK season coming to an end our stock will soon be exclusively Central American.

Red and White Cabbages and Leeks are all in short supply and the price remains high.

UK Curly Kale is back in stock and we've seen the price of **Chillies** come down due to improved supply.

Best Buys: UK Asparagus, Loose Corn on the Cob, Spring Greens & Extra Small New Potatoes

Mushrooms

We have a wide range of **Wild Mushrooms** available. Choose from...

Girolle, Cepes, Mousseron and Morel. We also have a limited amount of St. Georges.

Salad Best Buys: UK Baby Gem, UK Chinese Leaf Cabbage, UK Spring Onion & Mixed Heritage Tomatoes

Fruits

Not much to tell you about on the fruit front I'm afraid other than **Blood Oranges** have finished until roughly Christmas time but both **Red and Green Gooseberries** are back in season.

Best Buys: Apricots, Blueberries, Cherries, UK Rhubarb and UK Strawberries

Sheringhams Fine Foods

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We would like to remind everyone that we also supply an extensive range of dried goods and dairy products.

UK Produce Currently Available		
Vegetables	Salads	Fruit
Artichokes	Baby Gem	Blueberries
Asparagus	Beansprouts	Cooking Apples
Beetroot	Bok Choi	Raspberries
Broccoli	Celery	Rhubarb
Cauliflower	Chinese Lettuce	Strawberries
Chippers Choice Potatoes	Cos, Iceberg and Round Lettuce	
Curly Kale	Cucumber	
Donkey Carrots	Curly Endive	
Extra Small New Potatoes	Heritage Tomatoes	
Green Courgettes	Lambs Leaf Lettuce (Corn Salad)	
Jacket Potatoes (40, 50, 60 & 80)	Lollo Rosso and Biondi Lettuce	
King Edwards Potatoes	Mint and Coriander	
Lovers Potatoes	Mizuna	
Main Crop Potatoes	MM Tomatoes	
New Potatoes	Oakleaf Lettuce	
Primo Cabbage	Pak Choi	
Radish & Rainbow Radish	Peppers (Red, Green, Yellow & Orange)	
Red Kale	Pousse Epinard (Baby Spinach)	
Red Potatoes	Red Chard	
Savoy Cabbage	Red Cherry Tomatoes	
Shallots (Round & Banana)	Roquette	
Spinach (Loose & Pre-Packed)	Salad Cress & Watercress	
Spring Green Cabbage	Spring Onion	
Swede	White and Red Cabbage	
Turnip		

Please Note: Although these UK products are available we may well be stocking produce from other countries due to quality or price issues. If you require UK grown items please specify when placing your order.