

SEASONAL AVAILABILITY OF UK SALAD AND FRUIT CROPS													
SALAD CROPS		Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Celery													
Cucumber													
Lettuce	Cos												
	Curly												
	Iceberg												
	Little Gem												
	Round												
Radish													
Rocket													
Spring onions													
Tomatoes													
Watercress													
Fruit		Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Apples	Bramleys Seedling												
	Cox (various clones)												
	Discovery												
	Egremont Russet												
	Gala (various clones)												
	Spartan												
	Worcester Pearmain												
Blackcurrants													
Cherries													
Gooseberries													
Loganberries													
Pears													
Plums													
Raspberries													
Redcurrants													
Rhubarb	Forced												
	Outdoor												
Strawberries													
KEY													
	Available from store	UK produce available from cold stores, price rises towards end of indicated storage period.											
	Available and 'in season'	Optimal purchasing period - prices generally at lower environmental costs of production also lower.											
	Available	UK produce available BUT higher production input so higher prices + environmental costs.											
Compiled by Bill Kirkup North East Centre of Excellence													